

The clothes we wear have environmental and social impacts. Here are 7 key ways to limit them.

Prefer labeled products (European Ecolabel, GOTS, OEKO-TEX). They quarantee sustainable clothes free from chemical substances dangerous to human health and the environment.

Take good care of your clothes to keep them as long as possible.

Ask yourself: Who made this article of clothing? How? Under what conditions? With what materials? And what about the respect for human rights in all that?

Prefer organic cotton.

Wash vour clothes at 30°C and with detergents bearing the European Ecolabel.

We have the power to change things!

Choose secondhand clothes or repair and transform old ones! Recycle your clothes by taking them to a drop-off point!

More information on lafibredutri fr.

Get the booklet









